

Kick The Weight With Keto

How to Lose Weight and Feel Great on a Paleo
Ketogenic Diet while Eating Delicious Foods You Love

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Since every person is unique, I cannot guarantee any specific result with this book. Everybody reacts differently to nutritional and supplemental changes in their life because of health history, dietary history, genetic predispositions, and emotional factors. The goal of this book is to encourage you to become knowledgeable about your well-being and bring your health to the optimum level that is unique to you.

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TABLE OF CONTENTS

Table of Contents

Kick the Weight with Keto.....	1
DISCLAIMER AND COPYRIGHT	2
But Will This Work for ME?.....	7
CHAPTER 1.....	9
What is Ketosis - a “Keto” Diet?	9
CHAPTER 2.....	12
Keto Guidelines.....	12
#1: Eat 30 or Under Grams of Carbs Daily (Under 20 to Start if You Can Manage It)	12
#2: DO NOT Eat Anything Labeled ‘Low Fat’.....	13
#3: Calories: To Count or Not to Count? First, Use the Keto Calculator	14
#4: Eat Protein/Fat at Every Meal, Especially in the Morning.....	17
#5: Eat Some Fermented Vegetables or Dairy Every Day	17
#6: Drink (and Make) Broth	18
#7: Handle the “Keto Flu” Proactively	19
#8: If You Eat Nuts, Consider Soaking and Drying	19
#9: Test Your Ketones to Make Sure You’re in Ketosis.....	20
#10: Get Your Sleep	22
#11: Rest When You Are Tired (During the Day)	23
#12: Do Not Overdo It on Exercise, Especially Cardio	24
#13: Take Care of Your Life’s Loose Ends	28
#14: Eat Good Food, but Don’t Stress About It	28
CHAPTER 3.....	30
What can I eat on a Keto diet?	30
Foods to Emphasize	30
Proteins.....	30
Fats.....	30
Veggies.....	31
Nuts & Fruits	31
Dairy Products*.....	31
Sweeteners, Sauces,	31
Thickeners & Baking.....	31
Foods to Avoid	32
CHAPTER 4.....	35
Troubleshooting Keto	35
FAQ’s	35

Q: I can't get into ketosis. What can I do?.....	35
Q: How can I tell if I'm in ketosis? I don't have a blood ketone monitor so I can't tell.....	35
The Dreaded "Keto Flu"	36
Q: I just started eating keto and I feel TERRIBLE!! I thought this was supposed to make me feel better, not worse!	36
Q: I'm not hungry; is that normal on keto?	37
Q: Help, I'm having major sugar cravings!	37
Q: I'm not losing weight but I'm eating perfect keto foods. How can I get through this plateau?.....	38
Q: Help! I fell off the Keto Wagon and feel terrible, how do I get started again?	39
Q: Can I do a (planned) cheat every once in awhile?	40
CHAPTER 5 - RECIPES	41
Here are all of the recipes that appear in the menu plan found in Chapter 3, plus some additional ones!	41
Basics These recipes make a great foundation to the keto diet	42
Snacks & Desserts	50
Soups No matter the season, soup is great for lunch or dinner.....	56
Quick Lunches Sometimes we just need food in a hurry!	63
Fermented Foods & Beverages Fermented foods will help your weight loss with a natural source of vitamin C	66
Side Dishes & Appetizers Serve alongside grilled meats or before the meal.....	74
Breakfast	83
Smoothies	87
Main Dishes The Main Event	90
Baked Goods Keto baked goods are possible!.....	113
Resources	117

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Any other questions? Please email me at:

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Keto On...

Kim